



BLOCK 7

Designed by **Paula Hope**

Made and quilted by **Rachel Tomlinson**

 @stitch.with.rachel  @StitchWithRachel

BLOCK 7

Welcome to our Liberty quilt-a-long, designed by Paula Hope and made and quilted by Rachel Tomlinson. Get your fabrics lined up, it's going to be a beauty...



FABRICS USED

- A – Emily Annabelle 01667525D (light blue print)
- B – Emily Belle COBALT
- C – Emily Annabelle 01667525A (pink)
- D – Emily Belle VINTAGE PINK
- E – Emily Belle TANGERINE
- F – Emily Belle WATERMELON
- G – Emily Annabelle 01667525I (teal/orange)
- H – Emily Annabelle 01667525H (reds)

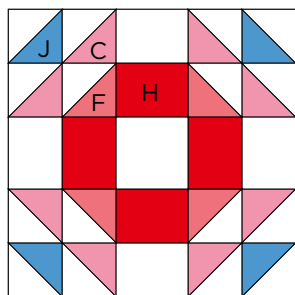
- I – Emily Annabelle 01667525G (pink/teal)
- J – Emily Belle MARINE BLUE
- K – Emily Annabelle 01667525C (light orange/green)
- L – Emily Annabelle 01667525F (blue/pink) (cornerstones)
- M – Emily Belle CATERPILLAR (star points in sashing)
- N – Emily Belle CATERPILLAR (Binding)
- O – Emily Annabelle 01667525A (Backing)
- Background (BKG) – Wiltshire

Shadow 01666501A (white)

- Batting – 56in x 70in

NOTES

- BKG = background.
- HST = half-square triangles.
- RS = right side(s).
- WS = wrong side(s).
- FPP = foundation paper piecing.
- FPP templates are sewn in numerical order with the fabric added to the plain side and the numbers always visible.



Block Layout Diagram

CUTTING OUT

- 1 From Fabric C cut four (4) $3\frac{1}{4}$ in squares.
- 2 From Fabric F cut two (2) $3\frac{1}{4}$ in squares.
- 3 From Fabric H cut four (4) $2\frac{3}{4}$ in x $3\frac{1}{2}$ in pieces.
- 4 From Fabric J cut two (2) $3\frac{1}{4}$ in squares.

- 5 From the BKG fabric cut the following:

- One $3\frac{1}{2}$ in square (centre).
- Four (4) $2\frac{3}{4}$ in x $3\frac{1}{2}$ in pieces.
- Eight (8) $3\frac{1}{4}$ in squares.

TO MAKE THE BLOCK

- 6 The block uses the two-at-a-time HST technique (**Fig 1A-D**).

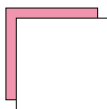


Fig 1A

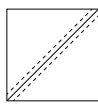


Fig 1B

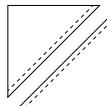


Fig 1C

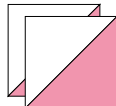


Fig 1D

BLOCK 7



- 7 To make the Fabric C/BKG, HSTs, take one (1) Fabric C $3\frac{1}{4}$ in square and one (1) BKG $3\frac{1}{4}$ in square. Draw a diagonal line on the back of the BKG square from corner to corner.

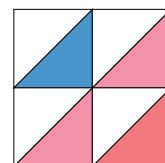


Fig 2

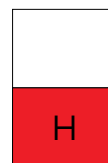


Fig 3

- 8 Place the two (2) squares RS together and sew a $\frac{1}{4}$ in seam allowance on either side of the drawn line. Cut on the line and press the HSTs open. Trim the HSTs to $2\frac{3}{4}$ in square. Repeat with the remaining $3\frac{1}{4}$ in squares to make a total of eight (8) C/BKG, four (4) F/BKG HSTs and four (4) J/BKG HSTs.

- 9 Join one (1) J/BKG, one (1) F/BKG and two (2) C/BKG HSTs into a unit (**Fig 2**), make four (4).

- 10 Join Fabric H and BKG $2\frac{3}{4}$ in x $3\frac{1}{2}$ in pieces following **Fig 3**, make four (4).

- 11 Layout the units from step 9-10 as shown in the **Block Layout Diagram**. Sew the rows together.

- 12 Finally sew the rows together pressing the seams open. The block should measure $12\frac{1}{2}$ in square.



Meet the designer

Paula Hope has been sewing since childhood. She studied Silversmithing and Jewellery at Glasgow School of Art and went on to teach Art and Design in secondary schools. She finished her first quilt in 1997 and has never looked back. In 2003, Paula started teaching Patchwork and Quilting and subsequently started writing her own patterns for classes and workshops. She became Technical Editor on *Today's Quilter* in 2021.

@pollystitches