



BLOCK 4

Designed by **Paula Hope**

Made and quilted by **Rachel Tomlinson**

 @stitch.with.rachel  @StitchWithRachel

BLOCK 4

Welcome to our Liberty quilt-a-long, designed by Paula Hope and made and quilted by Rachel Tomlinson. Get your fabrics lined up, it's going to be a beauty...



FABRICS USED

- A – Emily Annabelle 01667525D (light blue print)
- B – Emily Belle COBALT
- C – Emily Annabelle 01667525A (pink)
- D – Emily Belle VINTAGE PINK
- E – Emily Belle TANGERINE
- F – Emily Belle WATERMELON
- G – Emily Annabelle 01667525I (teal/orange)
- H – Emily Annabelle 01667525H (reds)

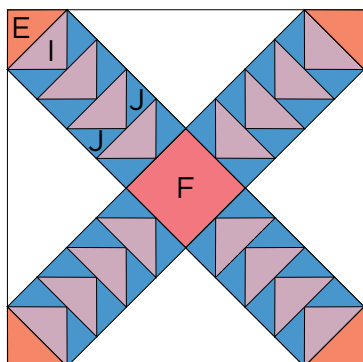
- I – Emily Annabelle 01667525G (pink/teal)
- J – Emily Belle MARINE BLUE
- K – Emily Annabelle 01667525C (light orange/green)
- L – Emily Annabelle 01667525F (blue/pink) (cornerstones)
- M – Emily Belle CATERPILLAR (star points in sashing)
- N – Emily Belle CATERPILLAR (Binding)
- O – Emily Annabelle 01667525A (Backing)
- Background (BKG) – Wiltshire

Shadow 01666501A (white)

- Batting – 56in x 70in

NOTES

- BKG = background.
- HST = half-square triangles.
- RS = right side(s).
- WS = wrong side(s).
- FPP = foundation paper piecing.
- FPP templates are sewn in numerical order with the fabric added to the plain side and the numbers always visible.



Block Layout Diagram

CUTTING OUT

1 From Fabric E cut two (2) $3\frac{1}{4}$ in squares, cut on the diagonal once to yield four (4) triangles.

2 From Fabric F cut one (1) $3\frac{1}{2}$ in square (centre).

3 From Fabric I cut eight (8) $3\frac{1}{2}$ in squares. Cut each on the diagonal once to yield sixteen (16) triangles (geese).

4 From Fabric J cut sixteen (16) $2\frac{1}{2}$ in squares. Cut each on the diagonal once to yield thirty-two (32) triangles (sky).

5 From the BKG fabric cut two (2) 8in squares. Cut each on the diagonal once to yield four (4) triangles.

6 You will need four (4) FPP templates.

TO MAKE THE BLOCK

7 Fold the block 4 Flying Geese FPP template on the solid lines. This will add creases to the template that are visible from the blank side and also make working the FPP



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slightly easier once you get going.

8 With the blank side of the FPP template up, place a Fabric I $3\frac{1}{2}$ in triangle RS up on top, covering section 1 and the outer seam allowance. Pin together. Flip to the print side and fold back the template on the line between section 1 and 2. Trim the excess fabric to $\frac{1}{4}$ in seam allowance from the fold.

9 Open out the paper template and with Fabric I RS up, place a Fabric J $2\frac{1}{2}$ in triangle RS down, with the long edge of the smaller triangle along the trimmed raw edge. Pin and flip the whole thing to the print side of the template. Sew along the line between section 1 and 2. Sew a few stitches beyond the line at the section 4 end but right across the outer seam allowance. Fold open the Fabric J triangle to ensure it covers the entirety of section 2 and the outer seam allowance. Finger press in place.

10 Repeat steps 8-9 using the triangles from Fabrics I and J to complete the Flying Geese FPP

unit. Press with a dry iron and trim to the dashed line of the template and remove the papers. Make four (4) FPP Flying Geese units in total.

11 Sew two (2) FPP units to each side of the Fabric F $3\frac{1}{2}$ in square. Press to the square (**Fig 1**).

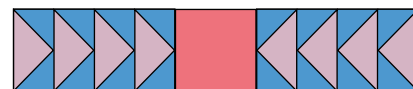


Fig 1

12 Sew a BKG 8in triangle to each side of the remaining Flying Geese units (**Fig 2**). Follow the **Block Layout Diagram** to join the rows together. Finally add the Fabric E $3\frac{1}{4}$ in triangles to the corners of the block. The block should measure $12\frac{1}{2}$ in square.

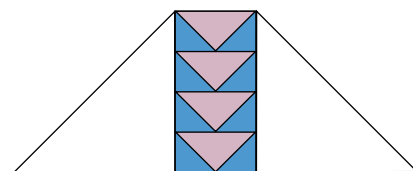


Fig 2



Meet the designer

Paula Hope has been sewing since childhood. She studied Silversmithing and Jewellery at Glasgow School of Art and went on to teach Art and Design in secondary schools. She finished her first quilt in 1997 and has never looked back. In 2003, Paula started teaching Patchwork and Quilting and subsequently started writing her own patterns for classes and workshops. She became Technical Editor on *Today's Quilter* in 2021.

@pollystitches

TEMPLATES

FPP TEMPLATE

ACTUAL SIZE

PLEASE NOTE: Template includes seam allowances.

